

Gentrification, mental health, and well-being: a scoping review to document associations and pathways

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Background. Neighbourhood gentrification has been found to be associated with health in general, but less is known about mental health and well-being, and how these relationships might differ between social groups. This scoping review asks (1) How is gentrification associated with mental health and well-being 2) Who is most affected by gentrification, and why?

Methods. This is the first phase of a mixed methods project on the impact of gentrification on young adults' mental health and well-being. For the scoping review, we identified peer-reviewed publications through database searches, following Arksey and O'Malley (2005) and Levac et al. (2010). An abstract screening pilot was performed by two reviewers on 10% of studies to test the inclusion and exclusion criteria. We included qualitative and quantitative studies published from 2000 to 2024 in French or English.

Results. We will describe study characteristics, and gentrification, mental health and well-being measures used. We will present associations between gentrification, mental health, and well-being, with particular attention paid to social differentials in associations. This will allow us to describe which groups (e.g., women vs. men, younger vs. older) are more or less affected by gentrification. A synthesis of qualitative studies will help us document potential pathways through which gentrification impacts mental health and well-being specifically.

Conclusions. Study findings will provide valuable information to guide future research and urban planning by (1) documenting gentrification effects on mental health and well-being, and (2) exploring if and why the health of specific groups is more or less affected by gentrification.

Keywords: Health equity, Urban health, Mental health and well-being, Gentrification

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